

THE

FERRO-MANGANESE

AND

Sulpho-Saline
WATERS.

Regent Spring

FORMERLY "EMPIRE"
EXCELSIOR SPRINGS, MO.

NATURE'S

A STRONG CHALYBEATE WATER
COMBINING ACTIVE DIURETIC &
TONIC PROPERTIES, A SPECIFIC
FOR ALCOHOLISM, CHRONIC



SPECIFIC.

RHEUMATISM, DYSPEPSIA,
DIABETES, BRIGHT'S DISEASE,
ALBUMINURIA, DROPSY,
SCIATICA AND INSOMNIA.

SHOULD NEVER BE DRANK WITH
SPIRITUOUS LIQUORS

This water is absolutely pure, any deposit
that may appear results from precipitation
of some of its mineral properties. Shake before using.

BOTTLED ONLY AT THE SPRING

SOLD IN BOTTLES
NEVER IN BULK

Excelsior Springs Co.

EXCELSIOR SPRINGS, MO.

P. F. Gillespie & Co.
22d St. & Indiana Ave., CHICAGO,
Agents



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Excelsior Springs, Mo.

(25 Miles from Kansas City, Mo.)

A BRIEF HISTORY OF THEIR DISCOVERY

— AND —

A DESCRIPTION OF THE

FAMOUS MEDICINAL WATERS.

ANNALYSES, MEDICAL OPINIONS, TESTIMONIALS FROM

THE AFFLICTED WHO HAVE BEEN

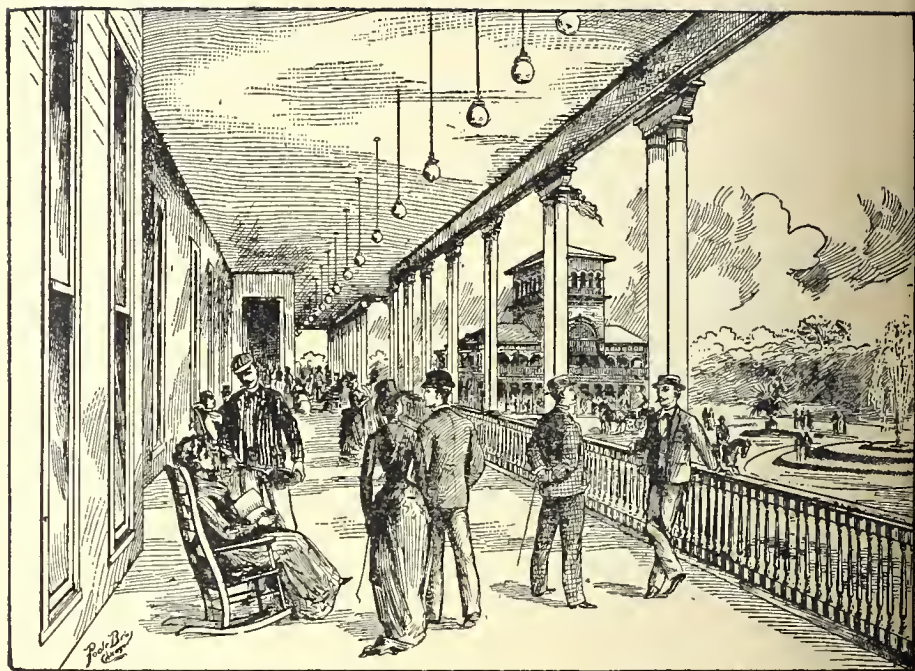
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PUBLISHED BY

THE EXCELSIOR SPRINGS COMPANY,

EXCELSIOR SPRINGS, MO.

H. C. FISH, GENERAL MANAGER.



THE ELMS VERANDA—(MUSIC HALL IN DISTANCE.)

22d St. & Indiana Ave., CHICAGO,

Agents,

Excelsior Springs, Mo.

WHEN Frank and Jesse James rode through the woods and shady lanes of Clay county, Missouri, defying the whole power of the State to accomplish their arrest, there was little thought that the rural beauties with which they and their pursuers were so familiar would soon become the centre to which the eyes of the weary, the sick and those in search of pleasure should turn from all parts of the United States. When they watered their horses in the winding stream of the pretty little Fishing river and heard the natives tell of springs possessed of mysterious qualities, they could not have imagined how soon the virtues of those waters would become famous throughout the land, even as famous as Siloam's pool was in Judea. But all these things have come to pass. In the lovely valley of the Fishing, with its elm crowned banks, a city of three thousand inhabitants has sprung up, and in the most picturesque part thereof, where three years ago there was a cornfield, now stands one of the most beautiful, commodious and best arranged hotels in America.

THE ELMS, as this beautiful hotel is called, in allusion to the stately trees that surround it, was opened July, 1888. It is built in the best style of modern architecture and with all the newest improvements and conveniences that can be found in the most elaborately contrived hostelry of the Eastern watering places. It is 300 feet long on its main front by 176 feet in its greatest depth. The building is three stories high above the basement, and on two floors, the main and second story, has broad and shady verandas on all four sides, where the guests assemble

to chat, smoke, and listen of afternoons and evenings to the music of the superb band which the Excelsior Springs Co. keeps constantly engaged for the purpose. There are two hundred guest chambers in the hotel proper, but even this extensive accommodation was found insufficient after one year's experience, and an addition or annex was built on the edge of the north lawn in 1889, about 100 yards from the main building, in which are 75 additional rooms. All the bedrooms are fitted with special ventilating apparatus; through which fresh air, cool in summer and warm in winter, is pumped, thus keeping them always at a comfortable equable temperature.

The interior of THE ELMS is finished off in hard, curly Florida pine, the most beautiful wood grown in America. The main office is a magnificent chamber of ample dimensions for a dozen sets of quadrilles, and here twice a week, or oftener, the guests make up dancing parties. At either end of the office is a very handsome fireplace, constructed for hearth log fires and enclosed in mantel pieces of terra cotta and carved marble of most exquisite design.

The dining room, which is sometimes used as a ball room, is one of the handsomest and pleasantest in America. One hundred feet long by forty feet wide, it is never over crowded, even when there are five hundred guests to entertain, as there frequently are. An exhaust fan always runs in warm weather during meal hours, drawing from the room the air before it can become vitiated and consequently causing an inward breeze from every window even during the stillest days. This admirable arrangement affords absolute physical comfort and enables the most delicate to thoroughly enjoy the excellent food that is served, no mean advantage to those in good health, to say nothing of those who visit the Springs in search of lost health and nervous energy. The decorations of this magnificent room are superbly simple, there being no riotous commingling of gaudy colors, but a harmonious and thoroughly artistic series of mellow tones that rest the eye and tend to soothe the entire physical being.

Throughout the house, in the parlors, reception rooms and ladies' ordinary, in the wide and airy corridors and in the bed chambers the same principle of richness and quiet elegance has been observed. The carpets, furniture and hangings are all of the best and all chosen with an eye single to that reposeful luxury which can only be obtained in following conscientiously the dictate of thorough artistic feeling. When the hotel is lighted up at night, with its 800 incandescent electric lights shedding their soft radiance over all, it makes as perfect a picture of elegance and comfort as was ever imagined, and when it is added that, owing to the destruction of the musquito germ by the mineral springs that overflow into the Fishing river, *there are absolutely no musquitoes*, enough will have been said to show that in no other resort in the United States can equal personal comfort be found. This applies especially, too, to the latter end of August and the other fall months, when these pests are at their worst in nearly all other places.

During the winter months, the numerous open fire places in the office and reception rooms, together with the steam heating apparatus, with which every room and corridor in the house is warmed, make the hotel throughout perfectly comfortable. The most inclement weather cannot affect the most delicate, while the great space embraced in the corridors and other public places affords ample opportunity for exercise without the necessity of going out of doors.

So much for the hotel itself, which is as perfectly managed in all respects as such a beautiful place deserves to be. The next point to be considered is its location. When in 1887 the Excelsior Springs Co. with a capital of \$500,000 was formed, the first move was to purchase a tract of one thousand acres of land. The place chosen was that part of the Fishing River Valley, which runs north and south from the Siloam Spring to the Regent Spring, and the slopes of the wooded hills and the breezy plateau behind them. On the west, facing the fishing river, which winds through a beautiful park, the hotel was built,

Nearly surrounding it on three sides, about fifty acres of ground have been cleared and graded, and under the hands of a skilful landscape gardener have been converted into a park of extraordinary beauty. Fronting the hotel and running down to the river, the land has been terraced and studded with flower beds and shrubs, in the center of which and opposite the main entrance to the hotel, a beautiful fountain throws its silver spray constantly into the air. North of the hotel is a lawn, the grass on which, of the richest green, is kept continually of a velvet smoothness; and south the true park like appearance is preserved, with walks running under the shadow of great oaks, hickories, sycamores and elms, while one cunningly devised sunken walk runs under the deepest umbrage, winding along the bed of an old creek, which has been arched over and turned into a shady retreat, to whose cool depths the sun's rays never penetrate. Near the hotel, on the south side, and with dense leafage on three sides, are the tennis courts, of which there are four, two of grass and two of earth. It was on these courts that the Western Championship Tennis Tournaments of 1889 and 1890 were played, and it was of them that the most expert players said they were the best they had ever played upon in the West and equal to any in the entire country. The whole of the hotel grounds, parks, lawns, terraces and shady walks are lighted by electricity at night, there being a plant of 100 arc lights scattered among the trees and at the intersection of the various walks. When these are lighted the splendor of the effect can be better imagined than described.

Pursuing the way southward, either through the winding ways of the park or along the shaded creek path, above referred to, the visitor suddenly comes upon a rustic bridge thrown over one of the bends of the Fishing river, and shaded by immense trees of elm and hickory. Just above this bridge very shortly a dam will be constructed, and from this point northwards to the town of Excelsior Springs a rowing course as beautiful as any in the country will result. Crossing the bridge and turning to the right, still under the cool shadow of huge elms, the visitor comes

to the Regent (formerly Empire) Spring pavilion, a pretty structure that reminds one of an enlarged Parisian kiosk. Here there is an attendant constantly engaged in supplying cool draughts of invigorating water from the most salutary of all mineral springs.

Northeast from the hotel, on the north edge of the front lawn is the Music Hall or Opera House, a most beautiful building of moresque design. The music hall proper is composed of a handsome auditorium with a seating capacity of 1250 and a pretty stage, thoroughly equipped with first-class scenery and otherwise perfectly arranged for the production of dramatic or operatic works. As a concert room it has no superior anywhere, its acoustic properties being simply perfect. Dramatic and musical entertainments are frequently given during the season in this hall, and conventions of all sorts—legal, scientific, educational and the like—are held there almost every week in the year. Upon occasion the seats are removed from the main floor and the place at once converted into the very perfection of a ball room. On the main front of the structure, on the ground floor, are the offices of the Excelsior Springs Co., and above these a noble balcony which looks southwards over the unrivalled scenery of park, woods and river. In connection with the balcony are two large and handsome rooms which serve for refreshment rooms or cafés when needed.

The whole of the thousand acres of the company's property has been thoroughly drained, immense sums having been spent in completing an absolutely perfect system of sewerage. And just here it is proper to state that in no part of the property has there ever been detected the slightest symptom of malaria, which is as conspicuously absent as are the mosquitoes, and, probably, for a similar reason. At least, that is the view taken by an eminent Chicago physician who was recently a visitor at THE ELMS. He stated that the entire soil of the valley is undoubtedly impregnated to a considerable extent with the health giving qualities of the mineral springs, and that this would naturally destroy all disease germs of the malarial type.

Surrounding the valley, the wooded slopes and hill tops are every where penetrated with bridle paths and carriage drive-ways that afford the visitors opportunity to enjoy both forms of horse exercise in the greatest comfort. These rides and drives, everywhere shady and romantic, are several miles in extent, while the concourse, a carriage way 80 feet wide which encircles the hotel parks and lawns, is one mile and a quarter in length.

The baths are of various kinds, and no pains or expense have been spared to make them comfortable as well as beneficial. For instance, a rheumatic patient or one too delicate to bear much moving, can leave his bed room on the top floor of the hotel in his wheeled chair, be handed into the elevator and lowered to the baths, without going out of doors. There are hot and cold baths of sulpho-saline, ferro-manganese or plain water; there is a marble plunge pool of sulpho-saline water, as well as shower baths, douches and Turkish or Russian baths, and in every case the bath rooms and tubs are lined with white porcelain and fitted up with every possible convenience, besides being supplied with skilful and accommodating attendants.

About 100 yards from the south end of the hotel, in a separate building specially erected for the purpose, is a great swimming pool, 60x30 feet in dimensions, which is kept constantly filled with sulpho-saline water raised from a new artesian well 1,080 feet deep, which was completed last June. The water in the pool varies in depth from 2 to 9 feet and is kept at a uniform temperature of 72 degrees. At this pool there is always a skilled swimming professor in attendance and every care is taken to guard against accident as well as to provide every comfort. Besides the big pool, there are also tub baths, showers and douches in this building.

Near by the swimming pool are four fine bowling alleys and a 140 foot target range for the amusement of those inclined to such sports, while in the hotel is a large billiard room furnished with tables by the best makers.

A little more than a mile from the hotel there is a beautiful

little lake of about 25 acres which is kept exclusively for the pleasure of the guests and is well stocked with bass, croppie and other game fish.

Reference has already been made to the city of Excelsior Springs which has 3,000 inhabitants with post office, telegraph and telephone offices, banks and stores of all kinds. In this city there are a great number of hotels and boarding houses, whose charges vary from \$5 to \$15 a week, all of whose visitors are welcome to make free use of the waters. On the property of the Excelsior Springs Co., which is platted and laid out in streets, avenues and boulevards, many wealthy residents of Kansas City, St. Joseph and other places have built pretty summer residences for themselves, and the effect of these as they peep forth from the surrounding foliage on the hillsides is exceedingly beautiful. It is the purpose of the Company to sell lots for such buildings to such as will help to make a desirable neighborhood. Besides the advantages these cottages have in the neighborhood of THE ELMS and the Springs, there are also Churches of various denominations—Catholic, Christian, Methodist, Baptist and others—and a first-class public school which possesses a library of 1,500 volumes of choice literature.

Among the various bodies that held conventions in the Music Hall during the spring and summer of 1890, were The Missouri Medical Association, The Missouri Pharmaceutical Association, The American Dental Association, The American Association of Dental Examiners, The Missouri Bar Association, The National Electric Light Association, The American Bankers' Association, The Old Time Telegraphers Society and the Missouri State Encampment N. G. M., with whom were a battery of United States Artillery and several companies of United States Infantry. Everyone of those present at these gatherings went away expressing the utmost satisfaction with their treatment and declaring that Excelsior Springs is the prettiest and most healthful resort in the country.

How to Reach Excelsior Springs.

Visitors desiring to reach Excelsior Springs, which is only 25 miles from Kansas City, on the Chicago, Milwaukee & St. Paul Railway, cannot fail to make connections by whatever route they reach Kansas City. The Wabash Railway makes connections with the Milwaukee Railway at Birmingham and Lawson as well as Kansas City; through Chicago, Milwaukee & St. Paul vestibule express trains from the North run both ways daily by Excelsior Springs depot, and direct connection is had with Chicago by the "Eli" train of the Burlington.

The Spring Waters.

As will be seen by the perusal of the sample testimonials published in this pamphlet, the waters of the Regent and Siloam springs are actively diuretic and nearly specific for all kidney and bladder troubles, such as Brights' disease, diabetes and inflammation of the bladder, as well as rheumatism, gout and dropsy. As a tonic in up-building the worn and debilitated system, in cases of dyspepsia, liver troubles, alcoholism and the like, they are the best waters in the world. The sulphosaline water is a mild laxative and taken either direct from the spring, or carbonated, in bottles, is of the utmost benefit. Baths of this water are admirable for rheumatism or skin troubles. The peculiar combination of iron with carbonic acid and manganese, as will be seen by the accompanying analyses of the Regent (formerly Empire) and Siloam (formerly Excelsior) springs, is declared by all physicians who have tested them to be the best for assimilation with the blood and the most certain to bring relief to the afflicted. Particularly is this the case in female troubles, anæmia, chlorosis, suppressed or irregular menstruation or affections of the urinary system. The waters of the Regent spring are especially rich in the ferro-manganese combination.

The Bottled Waters.

For the benefit of those not able to visit the springs, the Excelsior Springs Co. have established extensive bottling works near the Regent Spring, where the various waters, including the sulpho-saline, are bottled and packed for shipment to all parts of the world. The arrangements here are the most perfect that science and skill can make them. To ensure sealing the waters in their natural pure condition, and to prevent contact with the air until they reach the consumer, a block tin pipe runs down to the bottom of the Regent Spring and through this the water is drawn and pumped into the receiver against the pressure of gas, whence it is forced into the bottles without once being subjected to the action of the atmosphere. The consequence is that those who drink the waters a thousand miles away have the full benefit of their healing and restorative action, even as if they were at the spring in person and drew the water as it bubbles from its source.

PRICE LIST OF THE BOTTLED WATERS.

CARBONATED.

Regent, per case of 50 quarts.....	\$ 7 50
“ “ “ 100 pints.....	10 00
“ “ “ 50 “	5 50
Sulpho-Saline water and Soterian Ginger Ale, same price as Regent.	
Soterian Table water, per case of 50 quarts.....	\$ 7 00

STILL (NOT CARBONATED).

Siloam, per case of 12 half gallons.....	\$ 4 50
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All the above prices are f. o. b. at Excelsior Springs.

To insure attention orders must be accompanied by remittance.

Special rates for orders of 10 cases and upwards.

The waters can be obtained of all leading druggists and grocers in every large city in the country.

 REMEMBER, NONE OF THESE WATERS ARE EVER SOLD IN BULK.

How to Use the Waters.

The following are general directions for using "still" (not carbonated) Ferro-Manganese Waters:

Drink one or two glasses before breakfast, then two or three glasses between breakfast and dinner, and the same between dinner and supper; also one or two before retiring.

Do not drink during the hour before or the hour after meals. In all, use from five to ten glasses daily.

It will frequently be found beneficial to drink the water hot before breakfast and just before going to bed; also hot at meals, as a substitute for tea or coffee.

During the use of these waters alcoholic drinks must be rigidly abstained from.

CARBONATED WATERS.

Drink not less than one quart bottle per day, following above general directions as to time. Do not expect to be cured by drinking only two or three bottles.

SULPHO-SALINE

Is a mild laxative and a most delightful, sparkling morning drink.

DIRECTIONS FOR USE.—One pint bottle before breakfast.

For prices and other information address,

EXCELSIOR SPRINGS CO.,

H. C. FISH, General Manager,

EXCELSIOR SPRINGS, MO.

Analysis of "Regent" Spring.

Analysis of the Ferro-Manganese and Sulpho-Saline waters of Excelsior Springs, Mo., by W. P. Mason, M. D., Professor Analytical Chemistry, Rensselaer Polytechnic Institute; Member of the Revision Commission of the U. S. Pharmacopœia, etc.

RENSSELAER POLYTECHNIC INSTITUTE,

DEPARTMENT OF ANALYTICAL CHEMISTRY.

TROY, N. Y., April 14, 1890.

Mr. H. M. Holden, President Excelsior Springs Co.

DEAR SIR: I herewith enclose analysis of the water from the "Regent" Spring of the Excelsior Springs, Mo.

This is a "mangano-chalybeate" water of great value. The iron and manganese present exist as bicarbonate, a form most suitable for absorption, and one in which they very readily enter the blood. ("Carbonate of protoxide" would be the old form of expression descriptive of these salts.)

The peculiarity of the water (a feature of rare occurrence) is the very large amount of manganese present; there being but one locality in America where water may be found containing bicarbonate of manganese in so great a quantity, and, in that single exception, such other salts are associated with the manganese as to render the water unsuited to the treatment of that large class of diseases for which "Regent" water will prove a remedy.

Salts of manganese occur but seldom in mineral waters, and then usually in "traces" only. A weighable amount of the bicarbonate renders a water very noteworthy, but when it exists in the quantity present in the "Regent," the instance is one of great rarity. From a medical standpoint, the association of manganese with iron in this water is of marked advantage.

"Chalybeate" waters are successfully employed in all those cases where general tonic effect is desired, as they restore the appetite and improve the condition of the blood by increasing the red corpuscles, thereby enlarging its capacity for carrying oxygen. All such cases as "*Chlorosis*" (particularly in young girls) and "*Anæmia*," are benefited by "Chalybeates;" but the fact of the iron being here associated with manganese will render this water much more effective than the pure "Chalybeate." In short, whenever the use of a "Chalybeate" is indicated, the "mangano-chalybeate" will be found to give much more satisfactory results. Many persons do not easily bear the administration of iron preparations, but it is my experience that if manganese be associated with the iron, the remedy is not only well borne, but the good effect is more apparent than with the iron alone. "Regent" water resembles in no small degree the celebrated "*Schwalbach*" water, one of the most popular "Chalybeate" waters of Europe.

It will, like the "Schwalbach," be found very efficient in all depressed conditions of the general system requiring tonic treatment, and for *disordered menstruation, anæmia, sterility and sexual debility*, it may be properly termed "a specific."

"Spa" water has been renowned since the beginning of the seventeenth century, and enjoys a deserved reputation for the cure of sterility and sexual debility, but, in my judgment, it stands inferior to the "Regent," on account of its not possessing manganese associated with its iron.

"Regent" water will be found of great advantage in the treatment of "Dyspepsia," "Rheumatism," "Erysipelas," "Scrofula," "Rickets," and certain forms of "Neuralgia" and "Chorea," dependent on anæmia. As a "diuretic," it will benefit "Dropsy." "Albuminuria," associated with chronic kidney changes, with anæmic symptoms, will be much benefited.

Having performed a portion of the analytical work at the Springs, I had abundant opportunity of noting the excellent surroundings of the waters, and having from long experience great faith in the value of salts of iron associated with manganese for building up the worn and enfeebled system, for correcting functional disorders of the uterus and all those other ailments so common to an anæmic condition, I feel fully justified in giving this water my hearty and unqualified endorsement.

It is not contaminated with animal or vegetable impurities.

Finally, permit me to suggest that you introduce a large quantity of carbonic acid gas into this water when bottling it for the general market.

"Carbonating" will, if possible, still further increase the therapeutic value of the water, inasmuch as the carbonates will be better kept in solution and absorption will take place more readily.

Yours respectfully,

W. P. MASON, M. D., *Prof. Analytical Chemistry.*

	GRAINS PER U. S. GALLON.
Alumina.....(Al_2O_3).....	0.1224.
Silica.....(SiO_2).....	0.6998.
Potassium Sulphate.....(K_2SO_4).....	0.2834.
Potassium Chloride.....(KCl).....	0.1633.
Sodium Chloride.....(NaCl).....	1.0264.
Sodium Bicarbonate.....(NaHCO_3).....	0.5452.
Iron Bicarbonate..... $\text{Fe}(\text{HCO}_3)_2$	4.1934.
Manganese Bicarbonate..... $\text{Mn}(\text{HCO}_3)_2$	0.8445.
Magnesium Bicarbonate..... $\text{Mg}(\text{HCO}_3)_2$	5.5445.
Calcium Bicarbonate..... $\text{Ca}(\text{HCO}_3)_2$	34.2406.
	<hr/> 47.6635.
Temperature of Spring.....	58.1° F.

Siloam Spring,

(FERRO-MANGANESE.)

RENSSELAER POLYTECHNIC INSTITUTE,
DEPARTMENT OF ANALYTICAL CHEMISTRY.

TROY, N. Y., April 14, 1890.

MR. H. M. HOLDEN, President Excelsior Springs Co.

Dear Sir:—I herewith send you analysis of the "Siloam" Spring water, from Excelsior Springs, Mo.

This is a valuable "mangano-chalybeate" water, similar to the "Regent" in the nature of its contents, but not containing in solution so large a quantity of the salts of iron and manganese. It will be found serviceable for all those difficulties specified in my report on the "Regent" water. Permit me to refer you to that report, and to recommend the use of this water to that large class of patients whose worn-out systems need speedy and vigorous restoration. This water does not contain organic matter.

Yours respectfully,

W. P. MASON, M. D., Prof. Analytical Chemistry.

ANALYSIS OF THE SILOAM SPRING.

	GRAINS PER U. S. GALLON,
Silica..... SiO_2	1.6777.
Potassium Sulphate..... K_2SO_4	0.1929.
Calcium Sulphate..... CaSO_4	1.3028.
Calcium Bicarbonate..... $\text{Ca}(\text{HCO}_3)_2$	21.5233.
Magnesium Bicarbonate... $\text{Mg}(\text{HCO}_3)_2$	2.4305.
Manganese Bicarbonate... $\text{Mn}(\text{HCO}_3)_2$	0.2524.
Iron Bicarbonate..... $\text{Fe}(\text{HCO}_3)_2$	2.7688.
Sodium Chloride..... NaCl	0.9949.
Magnesium Chloride..... MgCl_2	0.7540.
Alumina..... Al_2O_3	0.3890.
	<hr/>
	32.2863.
Temperature of Spring.....	54.5° F.

Sulpho-Saline.

RENSSELAER POLYTECHNIC INSTITUTE,
DEPARTMENT OF ANALYTICAL CHEMISTRY.

TROY, N. Y., April 14, 1890.

MR. H. M. HOLDEN, President Excelsior Springs Co.

Dear Sir:—* * * * *

This is a *mild sulphur* water containing strong saline properties. Taken internally it acts as a mild cholagogue cathartic, and is an excellent diuretic. It will prove a powerful agent used in the form of a bath, and the superb arrangements provided at the Springs for so utilizing it (both hot and cold) cannot fail to make its power felt; especially upon Scrofula, Chronic Rheumatism, and Gout. The large amount of common salt present will cause the bath to be a powerful stimulus to the nerves of the skin, and the presence of iodine will add to the efficacy. Yours respectfully,

W. P. MASON, M. D., Prof. Analytical Chemistry.

Testimonials.

ALCOHOLISM.

ST. LOUIS, MO.

To the best of my knowledge these are the only natural springs yet discovered for which there is authentic evidence of possessing such powers, or for which such claims are made. I feel confident that a careful quantitative analysis will indicate the presence of such constituents, and in such proportions, as will satisfactorily explain the exceptional curative value that has been demonstrated by experience in their use in the treatment of alcoholism.

(Signed) A. MERRILL, M. D., Analytical Chemist.

KANSAS CITY, MO.

* * * Excelsior Springs water contains protocarbonate of iron in solution, a constituent of the blood and one that is absent in alcoholism. These waters supply this constituent with abundance and by its tonic effect upon the brain and nerve tissues of the body, the craving for stimulants is less pressing.

(Signed) J. W. FORD, Ph. D., M. D.

BLADDER AND URINARY TROUBLES.

EXCELSIOR SPRINGS, Mar. 14, '90.

After a rigid and thorough treatment by four of the best physicians of St. Louis, each being given at least four months trial, covering a period of sixteen months, I came to Excelsior Springs as a last resort. I left St. Louis Feb. 15, was taken so severely sick on the train that I had to lie over two days in Kansas City, arriving at THE ELMS on the evening of the 17. My troubles had been diagnosed by my physicians as follows: rheumatic neuralgia of the bladder, paralysis of the prostate gland and bladder, inflammation, etc. I have for the last six months suffered the most excruciating spasms of the bladder; severe enough almost at times to cause me to faint on the street, necessitating the use of morphine and belladonna suppositories and nightly use of a French catheter, notwithstanding which, I was compelled to get up at nights from six to fifteen times. Since using the REGENT (Empire) water, I consider my condition 'A No. 1;' have no use for catheter or suppositories

and have not had a spasm during the past two weeks; consider myself sufficiently recovered to attend to business. I write you this letter in an endeavor to express my gratitude for what I consider almost a magical cure and to let the unfortunates suffering as I have for the past two years, know where they can be cured. Wishing you continued success I remain,

Yours truly,

EUGENE FIELD.

Agent Lackawana Line, Room 16, Laclede Bldg., St. Louis, Mo.

ST. LOUIS, MO., April 13, 1887.

A lady member of my family has suffered for a year past with a most discouraging disease of the bladder, and employed the best medical talent in St. Louis with very little benefit, but as strange as it may seem, in less than two hours after she commenced drinking Regent water, she began to improve and has felt so much better for the past few days that she is most enthusiastic over the water.

(Signed) H. A. FISHER, General Manager St. Louis, Alton & Springfield R. R.

NOTE.—There has been no recurrence of the disease in this case and the lady remains in perfect health.

LEAVENWORTH, KAS., May 5, 1890.

SIR:—Having received so much benefit from the waters at Excelsior Springs, at your request I make the following statement of facts as they occurred: Since the summer of 1885 I have been troubled with inflammation of the bladder. The prostate gland was badly affected. I have used all kinds of medicine prescribed by a large number of physicians. All the relief I ever received was temporary. I continued taking medicine and growing worse all the time. In the fall of 1888 I was reduced to 168 pounds (my usual weight being 260 pounds.) My kidneys had become badly affected, the right one being congested. Rheumatism had seized me and I came to Excelsior Springs expecting to die more than to be cured or helped. I came here and began to drink the water from the Regent Spring quite freely. For the first three days I never felt so sick in my life. I suffered terribly from sickness of the stomach, but on the morning of the fourth day the water had the desired effect. I was completely cleansed, and in the afternoon of the fourth day I walked to the Springs and drank of the water. My appetite was more ravenous than natural. At the end of seventeen days I gained 14½ pounds. The kidneys were completely cured, the inflammation of the bladder vanished and I felt my health thoroughly restored. My present weight is 254 pounds. I am convinced that the virtues of the Regent (Empire) Spring saved my life.

(Signed) JAMES F. LEGATE, (State Senator.)

During a recent and severe attack of liver, kidney and bladder trouble, I was furnished, through the kindness of Hon. J. F. Legate, with several bottles of water from Excelsior Springs, from the use of which I experienced rapid and permanent relief. Several of my friends have used the water and have all appeared to derive much benefit from its use.

A. R. BANKS,

Department of the Interior, Bureau of Pensions, Western Division,
Washington, D. C., July 18, 1890.

TONGANOXIE, KAS., Nov. 29, 1889.

I went to Excelsior Springs August 1, 1889, after having suffered nearly a year with what my attending physician called Catarrh of the Bladder. The three weeks directly previous to my going, I had been confined to bed; my urine was a brickdust color and contained a large amount of sediment resembling cheese curd; I had severe pains in the back and unbearable pains when passing water. I passed from a pint to a quart of nearly pure blood daily. My attending physician failed to benefit me in the least and when it was proposed that I should go the Springs, said I would not return alive. I was confined to my bed three days after my arrival at Excelsior Springs, but after using the waters freely, I passed on the third day a quantity of clotted blood—almost a quart; this seemed to relieve me; I had no more active hemorrhages and the quantity of clotted blood rapidly diminished and within ten days the urine was of normal color and all pains had departed. I drank the waters six weeks altogether and now believe myself cured, as I have been attending to my business as usual, I am in good general health and have had no return of unfavorable symptoms.

(Signed,) W. S. ANGELL.

CLARENDON, TEX., March 9, 1890.

For three years past I have been troubled with weak back and disordered kidneys. I was persuaded to try a case, 50 quarts, of the Regent water from Excelsior Springs, which I used and am rejoiced to say was of great benefit. I cheerfully recommend it to any person afflicted with urinary or kidney disorder.

(Signed) W. H. PATRICK.

Wm. Patrick is a prominent citizen of Texas and a very extensive dealer in cattle.

ARMOUR PACKING CO., KANSAS CITY, MO., Jan. 31, 1890.

I cheerfully certify in writing to my experience while at Excelsior and the good that was done me personally by drinking the justly celebrated waters, and bathing in the medicated baths, for my experience was a happy one. I went there full of aches and pains, having had a severe attack of the prevailing disease, "La Grippe." It had seriously affected my bladder and

in fact my whole system was in an impoverished condition. I commenced at once drinking water from the Regent Spring, particularly recommended for bladder and kidney troubles, and daily took hot Salt-Sulphur baths, and in a few days every ache and pain passed away. At the end of one week I found myself in excellent health and spirits.

Before visiting your admirable hotel, THE ELMS, I had often heard it expressed that a better hotel or better eating could not be found in the country, even in New York or Chicago. This seemed to me to be rather an over-drawn statement, but by personal experience I am as enthusiastic as others and don't believe a more hospitable, comfortable hotel exists. It is only a question of time when Excelsior Springs will have a world-wide reputation.

Yours truly

H. M. FRASER.

MINNEAPOLIS, MINN., July 17, 1890.

Enclosed find Chicago draft for \$7.50 for which please send me another case of fifty bottles, quarts, of Siloam Springs water. The last case you sent me was carbonated. I do not know which is the best the still or carbonated, so you can use your own judgment. I began drinking the water a week ago Saturday and at that time I was suffering most intense pain and had to make my urine every ten or fifteen minutes. The first glass I drank gave me almost instantaneous relief and during the past week I have been able to hold my urine from three to four hours. I had visited Eureka Springs and Waukesha and drank almost every mineral water in the United States that claims to be beneficial to urinary disease without relief. I feel very much encouraged from the benefit I have received from drinking Excelsior waters and believe that in time, if the improvement continues, I shall be cured by it.

Yours, M. R. DRENNEN, No. 2 Collom Block.

BRIGHT'S DISEASE.

ALEXANDRIA, DAK., March 7, 1889.

The waters at Excelsior Springs, Mo., undoubtedly saved my life. For two years and a half I had an increasing ailment of the kidneys, which finally ended in an acute attack, June 9, 1888, when I was confined to my bed for a period of four weeks, and for nine days of that time I was not expected to live.

I had previously been treated by physicians of both schools of medicine, one after another. Three physician's pronounced my trouble "Bright's Disease" of the kidneys, and gave up the case. Just as soon as I was out of immediate danger, my attending physician advised me to try some mineral

spring, as medicine had done all that was possible, and nothing seemed to afford more than temporary relief. I went to Excelsior Springs as a forlorn hope, without faith in it as a remedy. I arrived at THE ELMS, August 25, 1888, weighing 119 pounds; was barely able to move about; had severe pains in my back, and was unable to sleep; flow of urine very scant. After the first twenty-four hours I slept well; began to relish my food, and flow of urine was more normal, and pains disappeared. During the first five days I gained six pounds in weight.

After ten day's stay I was called home by business, and, until the 9th of February last, received the water very irregularly. I returned to the springs February 9th, 1889, and since that time have gained, regularly, one-half pound per day, and believe a permanent cure will be effected. I now weigh 154 or 6 pounds more than I ever weighed in my life.

Only those who have passed through, or are suffering as I did, can understand the sense of gratitude I feel for relief from what doctors pronounced an incurable disease. My attendant physicians were Dr. Wm. E. Warddell, Canton, Ills., Dr. Geo. B. Parmelee, Mitchell, D^{ne}., and Dr. Krane, Mitchell Dak.

(Signed) F. A. DURKEE.

KANSAS CITY, Mo., Oct. 21st, 1888.

Three of the best physicians in Kansas City said I had "Bright's Disease," and gave up my case, which had taken a dropsical turn. I was swollen until I weighed 196 pounds. I could neither retain food nor medicine on my stomach; medicines had to be administered by hypodermic injections, and for one week my only nourishment was egg punch. While in this condition I was advised by Dr. J. D. Griffith, of Kansas City, to try the waters of Regent Spring, at Excelsior Springs. The Regent water, unaided by any medicine, in a few days toned up my stomach so I could eat with a relish and digest my food, and reduced my weight 33½ pounds in thirty-one days. While this reduction of water was going on, I gained rapidly in good solid flesh. I am now in robust health and never felt better in my life. The water of Empire Spring saved my life. I will most cheerfully give particulars of my case in detail to any one interested or similarly afflicted.

(Signed) S. SHORTALL,

Manager of Country Order Department, Bullene, Moore & Emrey.

CONVALESCENTS.

OFFICE SOUTHERN TRUST CO., }
MEMPHIS, TENN., Dec. 30, 1889. }

I gladly take the opportunity of commending "THE ELMS" and "The Springs" to any one seeking health or pleasure. My recent short visit there,

after a severe spell of sickness, resulted in a gain in weight of thirteen pounds in one week and a longing desire to return when business permitted.

(Signed) JOHN J. DUNN, Sec'y.

CATARRH.

KANSAS CITY, MO., June 29, 1889.

This is to certify that about the middle of last month I had a severe attack of bronchial pneumonia which continued four weeks. When the fever abated, acute nasal catarrh and neuralgia took place. I had a cough that would not yield to the best medical treatment. Two weeks ago I went to Excelsior Springs and commenced the use of the medical waters. I treated my catarrh with the salt sulphur water and drank of the other waters freely. My cough and neuralgia are gone, my catarrh is cured, and I consider myself on the highroad to perfect health. Common justice to those who have improved and maintained the great health resort of Excelsior Springs, as well as a regard for others who might be benefitted by the waters, prompt me to make this statement. I take great pleasure in recommending the waters of Excelsior Springs to the afflicted.

(Signed) EWDIN WALTERS,

Ed. Scientific Dep't Kansas City Journal.

CYSTITIS, CHRONIC.

PLATTE CITY, MO., April 16, 1888.

For several years I suffered from chronic cystitis and the irritation at times was so great that it would cause an attack of acute cystitis. As a result, the catheter would have to be used for a number of days. I visited Excelsior Springs several times during these attacks and invariably obtained speedy relief. I spent last summer at the Springs and believe myself permanently cured.

W. P. CHILDS,

Judge Probate Court, Platte Co., Mo.

CYSTITIS, FEMALE.

EXCELSIOR SPRINGS, MO., Dec. 8, 1888.

Seven years ago I was afflicted with cystitis and urethritis (inflammation of the bladder and urethra) with a chronic uterine ulceration. I suffered much pain in my head and back, I was treated by numerous physicians, and tried many domestic remedies, all to no avail. I finally consulted Dr. Richman, of Princeton, Kas., who carefully investigated my condition. He said, "Go to Excelsior Springs and it will cure you."

My suffering was so great that it became necessary to use instrumental means daily for relief. In this deplorable condition, with the ever present pain and suffering of body and mind for seven long years, I came to Excelsior Springs, Nov. 8th, 1888. I obtained, within twenty-four hours, such unac-

countable relief that I could dispense with medicine and instrument, and within three days after my arrival was free from pain and suffering. Have been here one month and perfectly well and strong.

(Signed) MRS. E. TRUMAN.

DIABETES.

Judge J. L. Pendery, of Leavenworth, Kas., writes as follows under date of Oct. 22d, 1888: My first visit to Excelsior Springs was in the spring of 1885, at which time I was suffering from an attack of "Diabetes Melitus," as I was told by attending physicians. This they conclusively proved by chemical analysis, which showed that the wasted and weakened condition of my system was caused by the loss of saccharine matter, which passed off without properly nourishing the body.

In just three days after commencing the use of the waters at Excelsior Springs all unfavorable conditions passed away, as indicated by my own feelings and substantiated by Fehling's and other delicate tests. I returned home, resumed work, but after a while drifted into my imprudent habits of eating, and the old trouble re-asserted itself. I was obliged to return to the Springs, and again experienced the same speedy relief.

Last summer my wife insisted on my making a thorough trial of the water and came with me; we remained two months. I drank the water freely, and I can now conscientiously say that I believe myself fully cured of "Diabetes Melitus." I eat freely of any and all kinds of food, whether they contain starch or saccharine elements or not, and I firmly believe that a proper use of the water will cure any case of the kind in question.

I will be glad to give any information touching upon the details of my case.

Yours very truly, J. L. PENDERY.

DIARRHOEA, CHRONIC.

CHILLICOTHE, Mo., Oct. 26, 1882.

I hereby certify that I was afflicted for years with Chronic Diarrhœa, and was treated by eminent physicians to no avail, and that after spending six weeks at Excelsior Springs I was, and am perfectly cured by drinking the waters, and take great pleasure in recommending the same.

(Signed) JOHN BUTNER, Ex-Mayor.

KANSAS CITY, Mo., June 2, 1888.

I take pleasure in stating that since my cure at Excelsior Springs, several years ago, I have never had a recurrence of the disease, and am as sound and as well as I ever was in my life; my weight is now 185 pounds.

(Signed) JOHN BUTNER.

DROPSY.

RICHMOND, MO., March 30, 1889.

In 1887, my son, Joseph, who was then eight years old, was afflicted with dropsy—the swelling increased until his waist measure was twenty-four inches, and his condition so alarming, that in consultation, three of our best physicians pronounced his case desperate. As a last resort, by conference of our physicians, we took him to Excelsior Springs in May, where he remained two weeks, drinking the waters. He improved perceptibly. We returned home, and in a short time again took him to the Springs. The improvement was more marked, and these occasional visits were kept up until September, when we considered him perfectly cured. His waist measure was reduced to seventeen inches—a decrease of seven inches, and his health perfect. At present writing he is a strong, healthy boy; he has never had a recurrence of the former symptoms. We firmly believe the waters of the Excelsior Springs saved his life.

(Signed) GEORGE A. HUGHES.

RICHMOND, MO., March 30, 1889.

It is my opinion, based on personal observation of numbers of my own patients, that the waters of Excelsior have proven of great curative value in many obstinate functional disorders of the stomach and kidneys, and especially have I been impressed, by their almost magical effect in dropsical cases of children, consequent upon organic heart troubles.

(Signed) G. W. BUCHANAN, M. D.

ERYSIPELAS.

RICHMOND, MO.

In answer to your inquiry as to the results of my use of the Excelsior Springs water, I would say I visited the Springs three times. I stayed two days at one time, the other times returned home the same day, taking a supply of water with me. I was most sorely and sadly afflicted with erysipelas, and had been for months. I thus used these waters, and to-day I am as well as I have been for twelve years; feel in perfect health. I am fully convinced that the drinking of and bathing in Excelsior Springs water has cured me for which I am thankful.

(Signed) J. P. QUISENBERRY.

KANSAS CITY, MO.

Early in 1887, malarial troubles which I had been subject to for some time, culminated in a severe case of typhoid fever which was soon dangerously complicated by erysipelas setting in. The doctors pronounced my condition critical and probably fatal. My stomach refused to act, digestion almost absolutely stopped, even light food in small quantities caused me great distress and I frequently threw it up. My kidneys were also dormant, action painful. After suffering for three months I managed to reach Excel-

sior Springs, and in three weeks the improvement was marked and in six weeks I returned home feeling that I was practically well. I was strong and healthy with a wonderfully good appetite. I returned to my home in St. Joseph where I remained a month and then revisited the Springs, remaining until nearly the first of October, at which time I weighed 168 pounds, a gain of 36 pounds, as I only weighed 132 pounds when I first arrived. My cure was accomplished by drinking the waters at Excelsior Springs and that alone, as I took no medicine whatever during my stay. I will be glad to answer any inquiries concerning my case. I am not interested in the Springs other than as a true friend and well-wisher for the prosperity of the place.

(Signed) C. H. LORD, with D. C. Curtis & Co., 337 W. Fifth St.

FEMALE TROUBLES.

ELLSWORTH, KANSAS, Sept. 21, 1888.

The writer of this a month ago was scarcely able to walk and thought life a burden. Three days after her arrival at the Springs she was able to walk to them from the hotel, and after the use of the waters one month she resumed her home duties and feels thankful for the ability to attend to her little ones.

(Signed) MRS. GEO. SEITS.

GRAVEL.

KANSAS CITY, MO., Oct. 30, 1889.

I went to Excelsior Springs in June, 1886, in a critical condition, after having suffered intensely and been unsuccessfully treated for more than a month in Kansas City. I arrived Tuesday morning and up to the following Sunday passed a dozen or more calculi from the bladder, some of them as large as a pea. I have never had a recurrence of the trouble since.

LOUIS KURTH, with Fish-Keck Live Stock Co.

EXCELSIOR SPRINGS, Mo., July 31st, 1890.

EXCELSIOR SPRINGS CO.

Gentlemen:—On July 13th I arrived at Excelsior Springs, coming from Glenwood Springs, Col., in company with and by the advice of my physician, Dr. Clarke. I was suffering from kidney disease in the form of crystalized uric acid, and the pain of passing the crystals was most excruciating. My water was the color of pounded liver and very offensive in odor. I was completely exhausted and so weak that I could scarcely walk. I have been using the Regent Spring water for the past eighteen days and am now free from pain, my water is of normal condition and I am gaining strength very fast. From my experience in using these waters I can cheerfully recommend them to all suffering from a similar cause.

W. S. CHERRY,

Glenwood Springs, Col.

Superintendent of Coal Mines, Colorado Midland Ry.

JAUNDICE.

LAW OFFICE OF D. V. SPRAGUE, WAMEGO, KAS., April 28, 1887.

In June, 1886, I had been afflicted for about three months with yellow jaundice, together with all its attendant evils, and had lost forty (40) pounds in weight. Had been unable to eat food, except a little to sustain life. I was as yellow as the standard sunflower of our State. By accident I went to Excelsior Springs. I drank water and ate full meals for several weeks, and from the first day digested my food properly, and to my great surprise gained in health, strength and good color every hour. I continued to improve, resumed business, and am now restored to health. I regard the waters of Excelsior Springs a blessing to mankind. (Signed) D. V. SPRAGUE.

LUMBAGO.

ST. LOUIS, MO., Jan. 18, 1890.

Some years ago, casting about for a rustic outing with my family, we visited Excelsior Springs, then only reached by hacks over a very rough road. After being there a few days, I was surprised at the absolute disappearance of "lumbago," which had been with me for years, frequently causing great pain, and I was more happy because we had no thought of a cure for me, which, to date, has been permanent.

Very respectfully,

JAMES T. BIRCH.

RHEUMATISM.

EXCELSIOR SPRINGS, Mo., Sept. 10, 1889.

I was incapacitated for business in New York City by inflammatory rheumatism in May, 1889, and after consulting the best physicians for three months with only temporary relief, was advised to go to Denver. There I grew worse and at the end of a week was confined to my bed unable to either dress or undress myself. I called Dr. G. Henry, late surgeon U. S. A., and on his advice went to Excelsior Springs. I had to be hauled in the bottom of an express wagon to the depot; I arrived at Excelsior Springs August 30, as helpless as a child. I immediately commenced drinking the mineral waters, and on August 31 I took my first bath at the Salt-Sulphur bath house where I had to have my underclothing cut from my body. On September 2 I took a hot mud bath at THE ELMS bath house, and on September 4th threw my crutches away, and could walk as well as I ever could. Since then I have taken no mud baths but have continued to use the waters freely, and to-day I feel entirely cured. It is only eleven days since I arrived at the Springs and I have gained eleven pounds in that time. I am happy to say that my present condition and appetite is due only to the free use of these waters and baths.

(Signed) W. L. MARTIN,

With Allen Lane & Co., 49 Leonard St., New York City.

LAWRENCE, KAN., Oct. 28, 1888.

* * * * * I lost a crutch at Excelsior Springs and found health, for which I am thankful.

(Signed) MRS. J. H. CARRUTH.

ST. LOUIS, MO., Aug. 12, 1889.

I arrived at Excelsior Springs, July 7th, 1889, after having spent all winter and spring at Hot Springs, Arkansas (most of the time in bed), trying to get rid of a severe case of inflammatory and muscular rheumatism. I was in a very bad way; my left hand was swollen three times its natural size, my shoulders were drawn out of shape, my right arm was useless and it was feared that I would lose the use of it altogether. I was so thoroughly helpless that I had to have a boy dress and undress me and cut my food; I suffered intensely. In seventeen hours after I first drank the waters at Excelsior Springs a decided change for the better was noticeable, and from that time I improved rapidly. The first week I gained six and one-half pounds, regained the use of my right arm, the pains all left me and the swelling was much reduced; the second week I gained eight and one-half pounds, but had a slight relapse on account of exposure one rainy day. During my stay of four weeks I gained sixteen and one-half pounds and consider myself entirely cured; have resumed my usual duties with the Excelsior Manufacturing Company.

W. J. FILLEY, with Excelsior Mfg. Co.

(Office Cheney Medicine Co.)

TOLEDO, O., Oct. 24, 1890.

I have felt ashamed of myself a good many times for not adding my testimony to the efficacy of the Excelsior Springs, as I consider them the most wonderful in the world. They have done what all others have failed to do for me, and that is, to entirely cure me of rheumatism. I remember well the suffering I was in when I went to Excelsior, and since I came back I have not had a pain or an ache. I had visited all the springs in Michigan and Wisconsin and found no relief until I went to Excelsior.

F. J. CHENEY.

CHICAGO, ILL., June 5, 1890.

I take pleasure in giving testimony to the curative powers of your mineral waters from the several springs. Having been compelled to walk on crutches for eight years on account of hip disease, I was in a sad plight when I was again compelled to use crutches for eight months on account of sciatic rheumatism. After several months treatment my physicians could give me very little encouragement, rheumatism having affected my lame leg. As a last resort, I visited the Springs during 1882, being then compelled to travel by stage from Liberty. Within two weeks after my visit I was enabled to dis-

pense with one crutch, after which time I was compelled to return to Kansas City on account of business, but continued taking the waters having them sent to me.

Within a month after my first using the water I could walk without crutches with the aid of a cane. I have visited the Springs several times since then but more on account of pleasure than from necessity.

Very truly yours,

GEORGE T. HEWES,

With the Great Western Electrical Supply Co., 190 & 192 Fifth Avenue, Chicago, Ill.

SCROFULA.

KINGSTON, CALDWELL CO., MO., Feb. 13, 1888.

Though somewhat delayed, I take pleasure in adding my testimony to the thousands who have been cured by the use of Excelsior Springs water. Mine was one of the first cures effected by the use of the waters, and by them I was saved from a premature grave, and at present after many years, enjoy good health. My first visit was in April, 1881, then an invalid afflicted with scrofula, which my physician pronounced incurable; on the right side of my face, neck and head, was a solid sore as large as a saucer; my breast was covered with sores, and I was a horrid sight to look upon. During the summer I spent about eight weeks, at different times, in Excelsior Springs, drinking and bathing in its waters, and applying the mud as a poultice to my sores. I improved so rapidly, and was so much encouraged that I moved my family and remained four months, returning to this place sound and well. I could not get the waters to use since that time; but to-day, thank God, for many years no trace of disease remains but the scars. I make this statement that it may convince some who are suffering as I have suffered, to take of the Water of Life—Excelsior—and be restored to health.

Any person doubting any of the statements herein made, are referred to any of the County officials, business men, or postmaster of this place. I will take pleasure in giving any further information in regard to my case to any who may so desire.

(Signed) LEVI M. SPIVEY.

STOMACH DISORDERS.

DENVER, COL., Feb. 19, 1890.

I consider your waters the best I ever drank. When I arrived at Excelsior Springs I could not even retain milk on my stomach. Improvement was

immediate after commencing to use the Regent water. In eight days I was cured. I must say "Richard is himself again." Yours in health,

D. A. ABRAMS.

SCIATICA.

KANSAS CITY, MO., April 12, 1886.

TO WHOM IT MAY CONCERN: This is to certify that I had a severe case of sciatica, and that for nearly two years I was scarcely able to walk. I went to Excelsior Springs, Clay Co., Mo., last summer; stayed two weeks, drank freely of the water, especially that of the Regent Spring, and to-day I am as well a man as ever I was in my life. I believe the water cured me, and I would advise all persons affected with "sciatica" or any other kind of rheumatism to try the water of these Springs. (Signed) JNO. T. BUCHANAN,

Principal Kansas City High School.

URIC ACID CALCULI.

EXCELSIOR SPRINGS, MO., Feb. 17, 1890.

In 1886 I came to Excelsior Springs troubled with stone passing from my kidneys to the bladder. I had been suffering torments for six months and fully expected death when I came to the springs. My physicians, the best in Missouri, advised me to do this as a last resort. After drinking the waters for ten days, I was greatly relieved and in three months perfectly cured. The symptoms at times proving conclusively that the calculi or stones were being dissolved and passing gradually away through the urine. The disease never has shown any symptoms of returning. When I came here I was worn to a skeleton from suffering, weighing only 145 pounds. My weight is now 194 pounds and I am hale and hearty in every respect.

(Signed) WILLIS REDMOND.

Accompanying the above came a certificate from Dr. W. H. Coffey of Parkville, Mo., one of the physicians who had attended Mr. Redmond. He says, addressing his former patient, under date of Jan. 4, 1890: About three years ago I was called to see you, in consultation with Dr. Redish. I found you suffering with the passage of a stone through the ureter to the bladder. This was proved by analysis of your urine. As soon as you were able to travel I advised you to go to Excelsior Springs—not on a short visit, but to stay for some time. This you did and when I saw you a few months after you looked hale and hearty and said that you thought yourself completely cured.

Eminent Opinion.

The following brief extracts from an article on the curative value of the Springs of Excelsior, by the late Dr. E. S. Wayne, of Cincinnati, cannot fail to be of interest :

It seems to one who has not seen the cures performed by the Excelsior waters, rather a stretch of the imagination to give credence to all you hear of on the spot and see amongst the ailing. Cases innumerable, supposed to be incurable, have, by the use of these waters alone, in a short time, been restored to health and usefulness ; and, what is remarkable, is the rapidity with which the waters act.

* * * There is no element that stands higher in the estimation of the physician than iron in some form or other, and it has been so for centuries past. It is one of the most valuable remedies in our *Materia Medica*. * * * For many diseases where iron is indicated the condition in which it is given is of the greatest importance.

* * * Salts of the protoxide are considered, from their ready solubility by the fluids of the stomach and their rapid assimilation by the blood, to be the most valuable in diseases affecting the blood, and in diseases of which an impoverished blood is the cause. The form in which the iron exists in the Excelsior Springs waters is that of a solution of the protoxide in carbonic acid. * * * the best possible form for ready absorption and rapid medication. This fact is fully substantiated by the astonishing cures they have performed. * * * To describe all the human ailments in which iron is beneficial (and Pareira says it is best when taken in the form of a mineral water) would be to describe the larger portion of recognized human ailments, and it must suffice by merely naming a number of them, as follows : Nervous Diseases, Anæmia, Bright's Disease, Neuralgia, Dyspepsia, Albuminuria, Diabetes, Scrofula, Erysipelas, Rheumatism, Chronic Bronchitis, Degeneration of the Kidneys, Incontinence of Urine, Seminal Emission, Irritation of the Bladder, Scanty as well as Excessive Menstruation, Uterine Diseases generally, Enlargement of the Spleen, Dropsy, Piles, Bleeding Piles, Hepatic Diseases, and many others not named.

That the water of the Excelsior Springs does act curatively upon the diseases named in this paper I can but refer you to the certificates of actual

cases that have been witnessed by many patients at the Springs at the time, and others resident here. *There are no manufactured certificates amongst them.*

In conclusion, I would here remark that I have visited the Excelsior Springs, have analyzed them, and know, from the results I obtained, their medicinal value, and have seen, during my stay at the Springs, cures that fully carry out the opinions I have stated above respecting them.

E. S. WAYNE, M. D.

Analytical and Consulting Chemist and Assayer; Professor Materia Medica and Toxicology, Cincinnati College of Pharmacy; late Professor Chemistry Ohio Medical College, and President of Cincinnati College of Pharmacy; U. S. Drug Inspector, Port of Cincinnati.

FORT LEAVENWORTH, KAS., May 1, 1889.

I can conscientiously testify to the perfect sanitary arrangements at THE ELMS hotel and approve the waters of the Springs at Excelsior, particularly of those of the Regent spring, for their valuable medicinal qualities. I have not the slightest objection to the use of my name, especially in such excellent company.

(Signed) CHARLES PAGE,

Col. and Ass't Surgeon General U. S. Army.

DR. I. N. LOVE, ST. LOUIS, MO., IN THE "MEDICAL MIRROR."

The ELMS Hotel is amply arranged for the convenience of an indefinite number of guests, the table is unsurpassed anywhere. That the waters at Excelsior Springs are beneficial cannot be questioned. Many cases of catarrh of the stomach are there at all times and are greatly benefited and in many instances cured. The Regent Spring water is specially indicated for kidney and bladder trouble and the rheumatic diathesis. The presence of manganese in the water, which has been recently demonstrated by one of the most expert chemists of the country, indicates these waters to be of special value for young girls or persons suffering from painful or irregular menstruation. This particular compound, holding as it does iron in proper quantities for ready assimilation, is certainly an ideal water for the devotees of society who are fagged out and whose habits of life render them in need of rest, recreation and reconstruction.

A NEW YORK PHYSICIAN.

THE DAKOTA, 72d St. Central Park West, NEW YORK, July 9th, 1890.

The case of water received some time ago and I have tried it with great satisfaction. The iron water is the best I have ever used. Wish it was on sale here,

Sincerely Yours,

J. W. MOORE, M. D.

General Comment.

ST. LOUIS, MO., Feb. 19, 1890.

I am a strong believer in the virtues of the Excelsior Springs.

(Signed) H. C. TOWNSEND,

G. P. & T. A. Mo. Pacific Ry.

TOPEKA, KAS., March 30, 1890.

I know of no place where a person can receive more benefit or better treatment than at Excelsior Springs. (Signed) G. R. PECK.

General Solicitor, Atchison, Topeka & Santa Fé Railroad Co.

SAN DIEGO, CAL., Jan. 7, 1890.

I always expect to avail myself of the use of the waters of Excelsior Springs, for I am certain they will prolong life, and I can heartily recommend to all, your beautiful hotel, THE ELMS.

Yours very truly,

JOHN H. GAY, JR.

HOUSE OF REPRESENTATIVES, WASHINGTON, D. C.; Jan. 14th, 1890.

I am somewhat acquainted with the qualities of the various waters known as the "Excelsior Springs waters," at Excelsior Springs, Mo. They are delicious to the taste, and splendid in their results, especially as cathartics, when used in bilious and malarial conditions of the system.

C. H. MANSUR, M. C., from Second District of Missouri.

SALINA, KAS., Dec. 12, 1889.

* * * If there is an enterprise in the whole wide world that is entitled to success, I think it is the Excelsior Springs Company. Not only have the waters great merit, but the Company has shown great enterprise in developing and improving the natural advantages of one of the most beautiful places I have ever visited, and which I believe is destined to become one of the most noted health resorts of the West. The benefit I received from drinking the water was almost miraculous. My health has been steadily improving, with the exception of one slight drawback, ever since I went there.

(Signed) H. D. LEE,

President H. D. Lee Mercantile Co.

Extracts from a letter to the Denver News by Rev. Myron W. Reed.

* * * I want to say right here, that I am not trying to pay a board bill at THE ELMS by writing what follows; my bill will be paid with my own good money. What I say now is for the benefit of readers of The News who may peradventure "hae meat and canna eat." There is water here which dyspepsia cannot endure. People who have become aware of their stomachs, who are full of aches and pains, who are fagged out, who ask the question seriously, "is life worth living?" will here find a pleasant harbor. The baths are excellent and excellently served.

* * * A more home-like place for an invalid stranger than this hotel I have never seen. In food, service, rooms and kindly attention on the part of all concerned there is nothing more to be desired.

* * * I am not going to bore your readers with an analysis of these healing waters. They do what they are said to.

* * * I came here because I was obliged to come. I shall revisit the place because I want to come. The leaves are off the trees now, the earth is gray, the birds have gone South. I want to see this valley in May when leaf and grass and bird life have returned.

ST. LOUIS, MO., July 27, 1890.

* * * I never, in a long career as a traveler in many lands and under many skies, found so restful and delightful, so home-like a spot as the beautiful "ELMS."

(Signed) FRANK L. JAMES, Ph. D., M. D.,

(Editor Medical and Surgical Journal.)

EXCELSIOR SPRINGS, Mo., July 16, 1890.

Having now spent more than a month at these Springs, I desire to express, before leaving, my high appreciation of them and the beautiful ELMS hotel I can conscientiously say that in all my extensive experience at health resorts, in the East, among the mountains and elsewhere, I never remember spending a more delightful month than here. From what I have seen I have also gained a very high opinion of the curative properties of the various mineral waters here, especially of that from the "Regent" spring, which is in the highest degree tonic and invigorating. I hope to spend many more pleasant months amid these agreeable surroundings.

Yours respectfully,

Mrs. L. A. KIDD,

President North Texas Female College, Sherman, Texas.

DRINK.....



GINGER *Soterian* ALE



SPARKLING AND DELICIOUS,

PURE AND HEALTHFUL.

IN PURITY OF QUALITY, DELICACY OF
FLAVOR, AND RICHNESS OF BOUQUET
IT HAS NO EQUAL, EITHER FOREIGN OR
DOMESTIC.



A Mild Stimulant and Stomachic.



The ingredients used are the very purest
in the market, especially selected for our use
in the manufacture of this perfect Summer
Beverage

EXCELSIOR SPRINGS CO.,

EXCELSIOR SPRINGS, MO.



Sulpho-Saline

A MILD APERIENT
A NATURAL REMEDY FOR LIVER COM-
PLAINT, CONSTIPATION, CATARRH OF
THE STOMACH, BILIOUSNESS, JAUN-
DICE, VERTIGO AND ALL DISEASES
ARISING FROM A TORPID LIVER



NATURAL MINERAL
WATER

DIRECTIONS:
ONE OR TWO GLASSES HALF
HOUR BEFORE BREAKFAST

BOTTLED ONLY AT THE
SPRING.

EXCELSIOR SPRINGS CO.

EXCELSIOR SPRINGS,
MO.

THE BROS & SONS CO. PHILADELPHIA